

FUNCTIONAL NUTRITIONAL EVALUATION

Patient Name: _____ AGE: _____



Bones & Joints

Do you have mobility issues, flexibility challenges or joint tenderness? YES NO

Joint-Flex - For injury / recovery: (velvet antler for glucosamine + white willow bark/ "nature's aspirin") QTY _____

Apothe-Cherry - For gout: (tart cherries promote healthy uric acid metabolism) QTY _____

40x Aloe Vera Concentrate - For arthritic pain and inflammation: (polysaccharides + other anti-inflammatory compounds) QTY _____

COMMENTS: _____



Sleep

Has your injury / health condition affected your ability to sleep comfortably? YES NO

Do you get 8 hours of restful sleep every night? YES NO

Apothe-Cherry - For deep and restful sleep: (tart cherries contain melatonin to normalize circadian rhythms) QTY _____

Ionic Elements - For relaxing muscles: (fulvic acid + ocean-derived and plant-derived magnesium) QTY _____

COMMENTS: _____



Energy

Has your injury / health condition affected your ability to exercise? YES NO

Have you noticed dips in your energy? YES NO

White American Ginseng Extract - For mental energy, focus and alertness: (28 active ginsenosides) QTY _____

Bee Energetic - For adrenal fatigue: (bee pollen, Cordycep mushrooms, spirulina and more) QTY _____

Super Xanthin - For muscle energy: (an antioxidant 550 times more powerful than Vitamin E) QTY _____

COMMENTS: _____



Weight Loss & Cleansing

Have you gained weight since your injury / last visit? YES NO

Have you found yourself turning to more caffeine or sugary foods to try and stay active? YES NO

10-Day Transformation Cleanse - For weight loss, cleansing and metabolic re-set (nutrient-dense superfoods & vegan protein) QTY _____

Super Meal – L.O.V. (Vanilla Chai or Original) – Live, Organic & Vegan superfood meal replacement (gluten-free, protein = 20 g, calories=210) QTY _____

Scoop of Greens - For stabilizing blood glucose levels (Diabetes Resource Center Seal of Approval) QTY _____

COMMENTS: _____



Anti-Aging

Would you like to be more proactive in your approach to health? YES NO

If you had a choice, would you like to look, feel and perform like a younger person? YES NO

Super Amino 23 - To keep skin tissue firm, aid in muscle recovery (bioavailable vegan protein) QTY _____

Renew, Hair, Skin & Nails - Rebuild collagen from the inside out (Ho Sho Wu, Spirulina, Horsetail, Saw Palmetto, Kelp, MSM) QTY _____

Revive-It-All - To increase mental acuity & vigor (Acetyl L-carnitine, alpha lipoic acid, ginkgo biloba, S.O.D.) QTY _____

Super Life Formula - Support healthy testosterone levels & circulation (Velvet antler, Long Jax, Ginseng, Ginger, Green-Lipped Mussel) QTY _____

COMMENTS: _____

Additional Notes: _____

Doctor Signature: _____ Date: _____